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Why Panama?

- World's top offshore haven
- Specific Countries visa—easy, turn-key, possible work permit
- Established expat communities—at the beaches, in the city, and in the mountains

At A Glance

Residency

 Pensionado (proof of US\$1,000 monthly income); Friendly Nations (requires a real estate investment in Panama property of at least US\$200,000 either in cash or through a mortgage from a local bank).

Health Care

- Quality care available in major cities
- Inexpensive prescription drugs

• Ease of Access

- Hub for Latin America flights
- Direct flights to Europe
- First Metro System in Central America



Looking At Panama

- Panama City
- City Beaches
- Interior
- Western Panama
- Cooler Places to Live

Country Pros

- Affordability
- Uses U.S. dollar (Balboa)
- Specific Countries visa program
- Best infrastructure in Central America
- Strong economy
- Quality health care

Country Cons

- Traffic congestion in cities
- Interior roads in disrepair
- Hot and humid in Panama City and on coast
- Power outages
- Poor customer service
- Mañana attitude

Panama City







Panama City Pros

- Diverse living options available
- Public transportation
- Johns Hopkins affiliated hospital
- Night life
- First world coastal living at a discount

Panama City Cons

- Traffic, traffic, and traffic
- The 3 T's... Traffic, Trash, and Trip Hazzards
- High electricity costs
- City sidewalks not suitable for walking
- Dining options—high end vs low end
- Import shopping expensive

City Beaches





City Beaches Pros

- Shopping and dining options
- New hospital
- Large expat community
- Close proximity to city and mountains
- Wide range of living options

City Beaches Cons

- Weekend beach traffic
- Loud music/noise
- Limited beach access for non-residents
- Higher price tag

Azuero Peninsula





Azuero Peninsula Pros

- Growing expat community
- Unpopulated beaches abound
- Several first world style developments
- Spanish school
- Surfing, scuba and fishing
- Bookends are Divisa & Atalaya
- Great roads

Azuero Peninsula Cons

- Growing expat community raising prices
 (Panamanians reconnecting to their culture)
- Shopping an hour away (Chitré or Santiago)
- Limited (gringo type) entertainment
- Need a car

Chiriquí & Bocas





Chiriquí Pros

- Agricultural heartland of Panama
- Diversity of living options
 - Beach
 - City
 - Mountains
- Enrique Malek International Airport (DAV)

Chiriquí Cons

- David is the hottest city in Panama
- Drugs, crime, and gangs
- 1 hr flight or 8 hr drive to PTY
- Everything Bocas is by boat/water taxi



Cooler Climates





Cooler Climates



Boquete – Gualaca District – Santa Fe – El Valle de Antón – Altos de María



Boquete





Boquete Pros

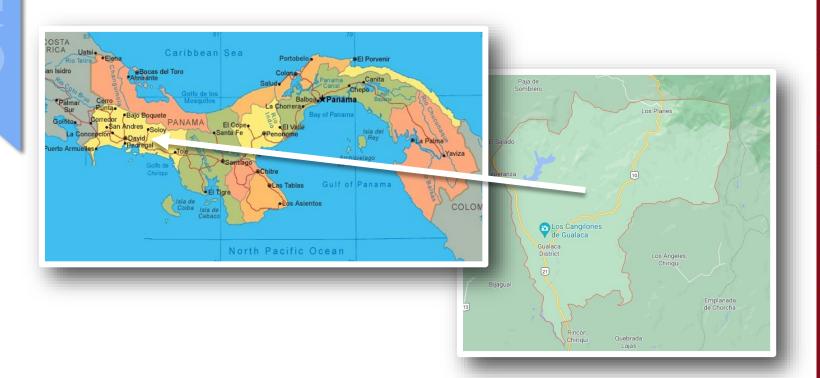
- English is widely spoken
- Large expat community
- Spring-like weather all year
- Fresh produce from the farmers market

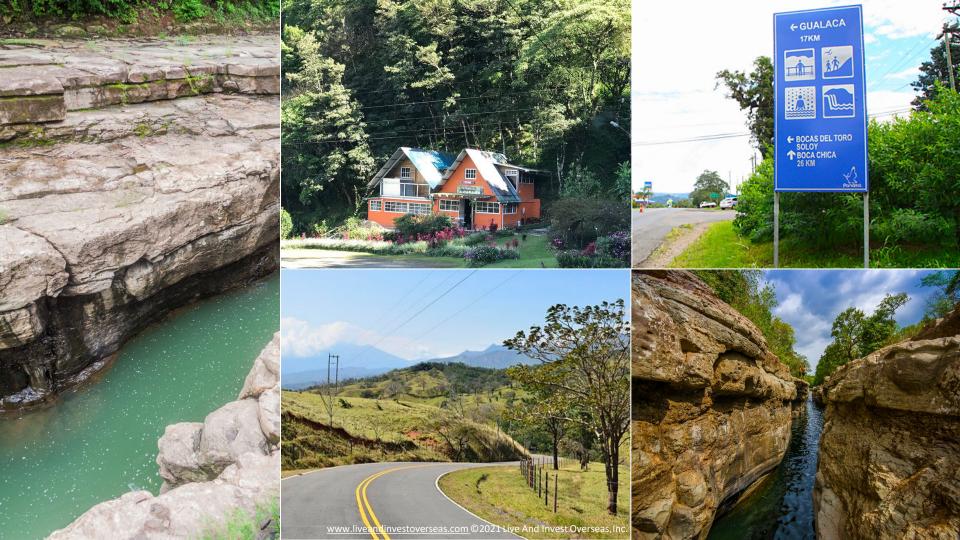
Boquete Cons

- No hospitals
- Back up electricity generator needed
- Rely on satellite internet services



Gualaca





Gualaca Pros

- Beautiful Mountain Scenery
- Clean air
- Cool climate
- Country living in all it's glory

COVERSEAS

Gualaca Cons

- Vehicle required
- Far from everything
- No expat communities

Santa Fe





Santa Fe Pros

- Cooler climate
- Perfect for the outdoorsman
- Affordable
- Indigenous outreach opportunities

Santa Fe Cons

- Off grid living no bank or gas station
- Major shopping an hour away
- Need to speak Spanish
- Limited entertainment options

San José (Veraguas)





San José Pros

- Unrestricted beauty
- New with a population of 2,555 as of 2010. It was created by Law 18 of January 24, 2003.
- Perfect for the outdoors person

San José Cons

- Where?
- 4WD vehicle
- Spanish only

San Francisco





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San Francisco Pros

- Country living close to a city
- Perfect climate
- History



San Francisco Cons

- Expats are not a community
- Spanish
- Country living



El Valle de Antón





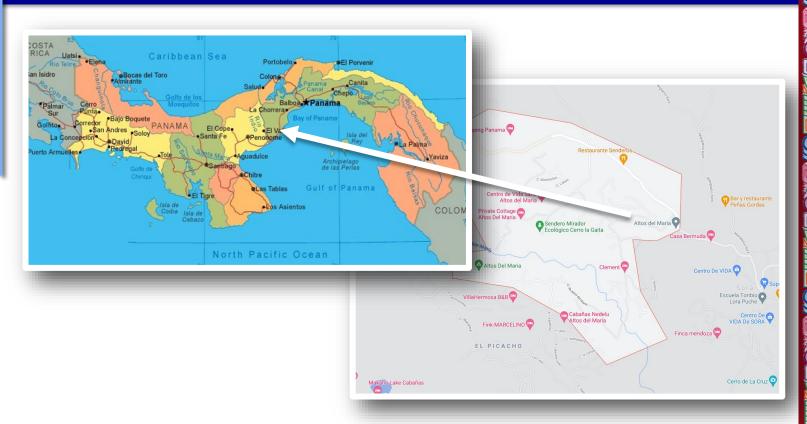
El Valle de Antón Pros

- Growing expat community
- Don't need a car to get around town
- Fresh fruits and vegetables available
- Varied cuisine options for dining out
- Many places/people speak some English

El Valle de Antón Cons

- Very few locals speak English
- No specialized medical care
- Access from the Pan-American Hwy
- About 2 hours away from the nearest larger city (Coronado)

Altos del María





Altos del María Pros

- Close to Panama City/Coronado
- Small expat community
- Quality homes



Altos del María Cons

- Need 4 WD vehicle
- Rough roads
- Travel to shop



Noteworthy

- Fastest growing economy in Latin America
- Second largest duty-free zone
- Green season from April thru December
- 33% land reserved for Natural Parks
- Puente del mundo; Corazon del universo

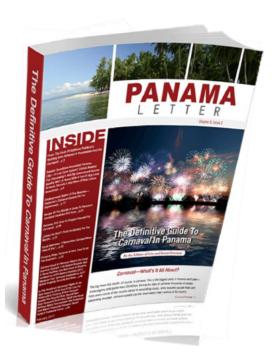
Grading Panama

- English Spoken B
- Health Care A-
- Climate C
- Infrastructure A-
- Accessibility A

- Safety A-
- Culture C
- Recreation A-
- Taxes A
- Schools A-



Recommended Resources



Panama Letter

This monthly subscription brings you the real Panama. This is your chance to discover warts and all what it is really like to live in this country, without the sugar coating.

This is the good, the bad, and the ugly, brought to you by a team of insiders, with, among them, decades of firsthand experience living, investing, and doing business in Panama.

Want to know more? Connect with us through the Networking Chat tab!

Recommended Resources



Panama Circle

Our Panama VIP Service.
This is paradise made easy. Your ultimate overseas retirement fully figured out and turnkey.

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